## Home Phototherapy Treatment Log

<table>
<thead>
<tr>
<th>Date</th>
<th>Treatment Number</th>
<th>Dose</th>
<th>Time</th>
<th>Comments (Record any problems such as itching, severity or location of any burning, technical difficulties, reasons for gaps in treatment, etc.)</th>
<th>Pinkness (0-3)*</th>
<th>Severity (0-10)**</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-1-15</td>
<td>1</td>
<td>300 mL</td>
<td>2.00 min</td>
<td>No burn, slight itching after treatment.</td>
<td>0</td>
<td>4</td>
</tr>
</tbody>
</table>

**Treatment Log Instructions:**
Please fill out this (or other similar journal) to keep track of your therapy. Bring it with you to your follow-up appointments with your doctor.

**Pinkness Rating:**
0 = Not Pink
1 = Light Pink
2 = Medium Pink
3 = Dark Pink or Red

**Disease Severity Rating:**
Patients, please rate your skin condition on a scale of 0 - 10 where 0 is completely clear and 10 is the worst it has ever been.